

Client Information Summary

Your Name: _____ Date: _____

Address: _____ City: _____ Zip: _____

Telephone: Home: _____ Cell: _____

At which number may I leave a message for you? Home: _____ Cell: _____

Birth Date: _____ Current Age: _____ Gender: _____

What is/are your racial/ethnic/cultural identification(s)? _____

Please briefly describe your religious/spiritual belief system: _____

How much school, have you completed? _____

What is your occupation? _____

How satisfied are you with your occupational situation? _____

What is your current relationship situation? _____

(single, dating, unmarried—living with partner(s), married, separated, divorced, widowed, etc.)

Who lives in your home?

Name	Age	Relationship
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Please list any first-degree relatives who do not live with you (parents, children, siblings, etc.)

Name	Age	Relationship
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Who should I contact in case of emergency? _____

What is this person's relationship to you? _____

Emergency telephone: _____

How were you referred to this practice? _____

May I contact this person to thank him/her for the referral? _____

Are you currently under the care of a physician? _____

Who is your physician? _____

When was the last time that you had a medical check-up? _____

Please list any medical conditions: _____

Please list any significant health events that have occurred in your life (hospitalizations, surgeries, accidents warranting doctor' visits): _____

What medications do you take (including prescriptions, over-the counter medications, vitamins, and herbal remedies)?

Medication

Dose

Frequency

Please list any holistic treatments in which you regularly engage (massage, chiropractor, aromatherapy, acupuncture, etc.):

Treatment

Frequency

How much alcohol do you drink? (type, amount, frequency) _____

How would you rate yourself?

____ heavy drinker ____ moderate drinker ____ occasional drinker ____ rare drinker?

Have you ever sought treatment for emotional or psychological concerns before? _____

If yes, please describe with whom you worked and when: _____

Have you ever spent time in a hospital for emotional concerns? _____

If yes, please describe: _____

Have you ever seriously considered suicide? _____ If yes, when? _____

Is suicide a concern for you at present? _____

Is there a history of mental health concerns or substance abuse in your family? If yes, please describe: _____

In your own words, please briefly describe the concerns that bring you here—be sure to indicate any recent changes in behavior (appetite, sleep, concentration, energy, mood): _____

What do you hope will change in your life as a result of counseling? In other words, what are your goals for treatment? _____